

*“Trauma and resilience have been stripped of their political meaning.”*

*“Care systems do not care for caregivers.”*



*“Wellbeing cannot be an individual responsibility in exploitative systems.”*

*“Psychosocial work is not neutral. It’s inherently political, relational, collective and must reclaim its transformative role.”*

*“We need to connect, be in solidarity, and open spaces for collective healing, not as an individual task, but as a collective response to structural violence & structures that exploit care, produce suffering, and depoliticize our work.”*

